

# Evaluation of Clinical, Radiological, and Demographic Characteristics of Juxtacortical Hemorrhages in Cerebral Venous Thrombosis

Serebral Venöz Trombozda Jukstakortikal Hemorajilerin Klinik, Radyolojik ve Demografik Özelliklerinin Değerlendirilmesi

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### Abstract

**Objective:** Cerebral venous thrombosis (CVT) is a rare form of cerebrovascular disease. Intracranial hemorrhage may occur in 40% of the patients with CVT. The morphology of the intracranial hemorrhages ranges from small juxtacortical hemorrhages (JH) to large parenchymal hematomas. Although it has been suggested that JH is a characteristic of CVT, studies examining the relationship between JH and CVT are limited. In this study, it was aimed to determine the clinical, radiological, and demographic characteristics of JH in patients with CVT.

**Materials and Methods:** In this study, a total of 157 patients who were followed up with the diagnosis of CVT between 2015 and 2021 were included retrospectively. Patients were categorized as, those with and without JH. Variables associated with JH were determined by comparing the demographic, clinical, and radiological characteristics, CVT etiologies and clinical outcomes of the patients.

**Results:** When the clinical, demographic, and radiological characteristics of the patients with and without JH were compared; female gender (p=0.037), clinical initial symptom (0.003), early superior sagittal sinus (SSS) thrombosis (p<0.001), venous collateral scale (VCS) (p<0.001), being in the postpartum period (p=0.006), development of intracranial herniation (p<0.001), and poor clinical outcome (p<0.001) were significantly related with JH. When the significant variables were evaluated with the binary logistic regression, the most significant and independent variables were found to be SSS thrombosis (p=0.043), cortical vein thrombosis (CoVT) (p=0.010), and seizures after CVT (p=0.004). By contrast, no relationships were found between the groups in terms of VCS in binary logistic regression.

**Conclusion:** Diagnosis of CVT is possible with high clinical suspicion and correct interpretation of radiological imaging. JH could be detected with noncontrast cranial computed tomography, which is the first imaging modality, and may cause the clinician to suspect from SSS thrombosis and CoVT. More precise results could be obtained with the prospective multicenter studies.

Keywords: Cerebral venous thrombosis, juxtacortical hemorrhage, superior sagittal sinus thrombosis, cortical vein thrombosis

# Öz

**Amaç:** Serebral venöz tromboz (SVT), serebrovasküler hastalıkların nadir görülen bir formudur. SVT tanısı alan hastaların %40'ında intrakraniyal hemoraji meydana gelebilir. İntrakraniyal hemorajilerin morfolojisi küçük jukstakortikal hemorajilerden (JH) büyük parankimal hematomlara kadar değişir. JH'nin SVT için karakteristik olduğu öne sürülse de JH ve SVT arasındaki ilişkiyi inceleyen çalışmalar sınırlıdır. Bu çalışmada kendi popülasyonumuzda SVT tanısı alan hastalarda JH'nin klinik, radyolojik ve demografik özelliklerini belirlemek amaçlandı.

Gereç ve Yöntem: Bu çalışmaya 2015-2021 yılları arasında SVT tanısı ile takip edilen 157 hasta retrospektif olarak dahil edildi. Hastalar JH'si olanlar ve olmayanlar olarak kategorize edildi. Hastaların demografik, klinik, radyolojik özellikleri, SVT etiyolojileri ve klinik sonlanımları mukayese edildi, JH ile ilişkili değişkenler belirlendi.

**Bulgular:** JH'si olan ve olmayan hastaların klinik, radyolojik ve demografik özellikleri karşılaştırıldığında, JH'nin kadın cinsiyet (p=0,037), klinik başlangıç semptomu (p=0,003), erken nörolojik kötüleşme (p<0,001), superior sagittal sinüs (SSS) trombozu (p<0,001), venöz kollateral skalası (VKS) (p<0,001), postpartum dönemde olmak (p=0,006), intrakraniyal herniasyon gelişimi (p<0,001) ve kötü klinik sonlanım (p<0,001) ile anlamlı istatistiksel ilişkisi mevcuttu. Anlamlı bulunan değişkenler binary lojistik regresyon ile değerlendirildiğinde; JH ile bağımsız olarak ilişkisi tespit edilen değişkenler SSS trombozu (p=0,043), kortikal ven trombozu (KVT) (p=0,010) ve SVT sonrası nöbet geçirmek (p=0,004) idi, ancak VKS ile JH arasında anlamlı ilişki saptanamadı.

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Sonuç: SVT tanısı yüksek klinik şüphe ve radyolojik görüntülemenin doğru yorumlanması ile mümkündür. JH, ilk görüntüleme yöntemi olan kontrastsız kraniyal bilgisayarlı tomografi ile saptanabilir ve klinisyenin SSS trombozu ve KVT'den şüphelenmesine neden olabilir. Prospektif çok merkezli çalışmalarla daha kesin sonuçlar elde edilebilir.

Anahtar Kelimeler: Serebral venöz trombozu, jukstakortikal hemoraji, superior sagittal sinüs trombozu, kortikal ven trombozu

# Introduction

Cerebral venous thrombosis (CVT) is a rare form of cerebrovascular disease (1). The annual incidence of new cases among the adults are 3-4 per million (2). The presence of various factors may play a role in the etiology. These factors are Behcet's disease, connective tissue disease, pregnancy, puerperium, oral contraceptive use, coagulopathies, lumbar puncture, intracranial infection, penetrating head trauma, malignancy, cranial tumor, dehydration, sarcoidosis, inflammatory bowel disease, parenteral infusion, and nephrotic syndrome. However, despite the numerous studies done, the cause cannot be determined in 20-25% of the patients (3,4). Intracranial hemorrhage may occur in 40% of the patients with CVT (5), and it has a poor prognosis (6). The morphology of intracranial hemorrhages ranges from small, localized juxtacortical hemorrhages (JH) to large, space-occupying hemorrhagic infarctions and subarachnoid hemorrhage (7). In recent studies on CVT and JH, it has been determined that JH is a characteristic for CVT (8). Diagnosis of CVT could be difficult. Therefore, it is important to recognize the findings suggestive of CVT on cranial imaging and to determine the clinical significance of these findings. The management of the CVT focuses on timely diagnosis and treatment with anticoagulation to prevent the thrombus dissemination and recanalization (9). Although it has been suggested that JH is a characteristic of CVT, studies examining the relationship between CVT and JH are limited. The aim of this study was to determine the clinical, radiological, and demographic features of JH in patients with CVT.

#### Materials and Methods

This study retrospectively included 157 patients, all of whom were followed up with the diagnosis of CVT in the Department of Neurology, Uludag University, Faculty of Medicine, between 2015 and 2021. Approval for the study was obtained from the Clinical Research Ethics Committee of Uludag University Faculty of Medicine dated 26 May, 2021 and numbered 2021-6/41. As this was a retrospective study, patient consent was not required.

Inclusion criteria for the study were getting a diagnosis of CVT with contrast-enhanced cranial magnetic resonance imaging (MRI) venography, completing the necessary tests to determine the etiology of CVT after the diagnosis of CVT, and completing the regular examinations in the Neurology Outpatient Clinic of Uludag University Faculty of Medicine for one year after the diagnosis of CVT. Exclusion criteria were the patient's withdrawal from neurology outpatient follow-up and the patient's inability to undergo contrast-enhanced MRI venography, cranial MRI, and non-contrast cranial computed tomography (CT).

In our center, all medical records were recorded in the medical operating system. All patients were examined in the emergency department together with a neurologist and neurology assistant. The patients' complaints, neurological examination findings, concomitant diseases, and the drugs they used were recorded in the epicrisis. The patients were evaluated in terms of the rheumatological disease and hypercoagulability. During the follow-up of the patients in the neurology clinic, any early neurological deterioration was determined from the recorded epicrisis. Early neurological worsening was defined as a twopoint increase in the NIHSS score after the admission from the emergency department to the neurology department for further management of the patient. Epileptic seizures were excluded from these criteria (10).

The clinical outcome of the patients was determined at the third month in the neurology outpatient clinic. Modified Rankin scale scores of 0, 1, and 2 were considered as good clinical outcomes, while scores of 3, 4, 5, or 6 were considered as poor clinical outcome. All cranial CT and MRI venographies of the patients were evaluated blindly by the radiologist.

JH was defined as hemorrhage, when the hemorrhage is <20 mm in diameter located in the white matter just below the cortex (Figure 1) (8). Venous collateral scale (VCS) was evaluated with the contrast-enhanced cranial MRI venography in the emergency department. VCS 0 indicates a lack of venous drainage in the brain parenchyma affected by the cerebral venous sinus thrombosis, VCS 1 indicates a vein draining the affected area but not connected to an open sinus, VCS 2 indicates that a vein draining the area affected by venous sinus thrombosis is connected to an open sinus and may function as a suitable venous collateral (11). All the images were evaluated in terms of the VCS score obtained from the MRI venography, and with non-contrast cranial CT and T2W cranial MRI for the presence of hematoma and the brain injury associated with venous occlusion.

All the patients were followed up in the Neurology Outpatient Clinic of Uludag University Medical Faculty for one year, and at the end of the first year, they were questioned about whether they had any epileptic seizures during the period. Cranial CT performed in the emergency department revealed 23 patients with JH. Clinical, demographic, and radiological features of the patients with and without JH were evaluated.

#### Statistical Analysis

The radiological, demographic, and clinical data of the patients with and without JH were compared. Statistical analysis was performed using the IBM SPSS Statistics 25.0 package (IBM Corp., Armonk, New York, USA). Shapiro-Wilk test, a histogram, and a Q-Q plot were applied to determine the data normality. Mean and standard deviation or median (25-75% quartiles) values were then used for the analysis of continuous variables. Frequencies and percentages were given for categorical variables. Two-sided independent samples t-test or two-sided Mann-Whitney U test was used to analyze the differences between groups in terms of continuous variables. Two-Way Fisher's Exact,



**Figure 1.** Juxtacortical hemorrhage secondary to isolated cortical venous thrombosis. Non-contrast CT image (1A) and T2-weighted (T2W) MRI image (1B); hyperdense on CT, T2W hypointense acute juxtacortical parenchymal hemorrhage. FLAIR MRI sequence (1C); area of hyperintense edema around the hemorrhage. MRI venography examination (1D); Isolated absence of thrombosis in the left trolard vein, superior sagittal sinus in normal appearance

CT: Computed tomography, MRI: Magnetic resonance imaging

Pearson, chi-square, and Continuity correction tests were used for (2x2) or (rxc) tables to analyze the differences between the groups in terms of categorical variables. Logistic regression analysis was performed to determine the most statistically relevant factors in the patients with CVT with JH. A p value of <0.05 was considered as statistically significant.

### Results

A total of 157 patients, 50 (31.8%) men and 107 (68.2%) women were included in this study. The mean age of women was  $40.99\pm13.97$  years, and the mean age of men was  $43.60\pm16.30$  years. There was no statistically significant difference found between the mean ages of men and women (p=0.293).

The etiologies of CVT were pregnancy and puerperium in 31 (19.7%) patients, rheumatologic disease in 25 (15.9%) patients, hyper-coagulopathy in 22 (14%) patients, malignancy in 25 (15.9%) patients, infection in 9 (5.7%) patients, oral contraceptive use in 11 (7%) patients, trauma and mechanical effects in 6 (3.8%) patients, and other causes in 9 (5.7%) patients. The etiology was unknown in 20 (12%) patients. When the initial symptoms of the patients were evaluated, the first symptom was found to be the isolated intracranial hypertension in 108 (68.8%) patients, epileptic seizure in 26 (16.5%) patients, focal neurologic deficit in

22 (14%) patients, and encephalopathy in 1 (0.6%) patient.

When the VCS of the patients were evaluated, there were 34 (21.6%) patients with VCS 0, 31 (19.7%) patients with VCS 1, and 92 (58.7%) patients with VCS 2.

There were 48 (30.5%) patients with an early neurological deterioration. In this study, no patients had a history of epilepsy before the diagnosis of CVT. At the end of the first year, they were questioned about whether they had seizures or not, and the information collected were recorded in the epicrisis. There were 46 patients (29%) who had seizures in the first year. In our study, there were 35 (22%) patients with poor clinical outcome. When JH and clinical, radiological, and demographic characteristics were evaluated, there were relationships between the JH and gender (p=0.037), initial symptom (p=0.003), early neurological worsening (p<0.001), SSS thrombosis (p<0.001), cortical vein thrombosis (CoVT) (p<0.001), being in the postpartum period (p=0.006), development of intracranial herniation (p<0.001), and the clinical outcome (p<0.001). However, no statistically significant result was found between the JH and age, CVT etiology, transverse sinus occlusion, sigmoid sinus occlusion, jugular sinus occlusion, inferior sagittal sinus occlusion, oral contraceptive use, pregnancy, presence of malignancy, and the presence of coagulopathy (p>0.05) (Table 1).

When statistically significant clinical, radiological, and demographic variables for JH were analyzed with the binary logistic regression, the most significant variables for JH were SSS thrombosis [p=0.043, odds ratio (OR): 5.54], CoVT (p=0.010, OR: 12.54), and seizures (p=0.004, OR: 16.30) (Table 2).

### Discussion

In this study, the most significant variables related to JH were found to be SSS thrombosis and CoVT, and seizures within the first year.

Previous studies have found the evidence of a significant relationship between JH and SSS (8). Also, in this study, a significant relationship was found between SSS thrombosis and JH, consistent with the literature. This may be because the SSS drains many cortical veins. The SSS is the main sinus that drains the cerebrospinal fluid. Intracranial pressure rises in SSS thrombosis, and there is an increase in pressure in the cortical and subcortical veins (12). Intracranial hemorrhage in CVT is associated with the increased venous pressure, ischemia, and then disruption of the blood-brain barrier with erythrocyte diapedesis (13). In an experimental study, it was found that intracranial hemorrhage was associated with the involvement of CoVT (14). Other studies showed that involvement of CoVT was not necessary, and occlusion of the major sinuses was sufficient (15,16).

In this study, it was determined that one of the most important variables associated with JH was CoVT. There are two venous systems in the brain, the superficial and deep cerebral veins. The superficial venous system consists of the intracortical and subcortical veins. Connections between the superficial and deep systems could be provided via anastomotic medullary and transcerebral veins. In the venous phase of the intracortical veins, and is then transported from the pial veins to the cortical veins. Cortical vessels drain into the SSS. The subcortical vessels are divided into three parts, one of which is the curved segment. The curved subcortical vessels run parallel to the curved fibers (U-fibers) in the

	Patients with juxtacortical hemorrhage (n=23)	Patients without juxtacortical hemorrhage (n=134)	p value
Gender (female)*	20 (86.9%)	87 (64.9%)	0.037
Age** mean ± SD	40.09±15.359	42.12±14.686	0.478
Initial clinical symptom*	-	-	0.003
Isolated intracranial hypertension	9 (39.1%)	99 (73.8%)	-
Focal neurological deficit	7 (30.4%)	15 (11.1%)	-
Epileptic seizure	7 (30.4%)	19 (14.1%)	-
Encephalopathy	0 (0%)	1 (0.7%)	-
Early neurological deterioration*	17 (73.9%)	31 (23.1%)	< 0.001
Superior sagittal sinus thrombosis*	18 (78.2%)	44 (32.8%)	< 0.001
Transverse sinus thrombosis*	15 (65.2%)	100 (74.6%)	0.346
Sigmoid sinus thrombosis *	12 (52.1%)	11 (8.2%)	0.305
Jugular vein thrombosis*	9 (39.1%)	45 (33.5%)	0.605
Inferior sagittal sinus thrombosis*	2 (8.2%)	21 (15.6%)	0.732
Cortical vein thrombosis*	21 (91.3%)	24 (17.9%)	< 0.001
Venous collateral scale*	-	-	< 0.001
VCS 0	16 (69.5%)	18 (13.4%)	-
VCS 1	4 (17.3%)	27 (20.1%)	-
VCS 2	3 (13.0%)	89 (66.4%)	-
Etiology of CVT			
Being in the postpartum period*	16 (69.5%)	11 (8.2%)	0.006
Using oral contraceptive*	4 (17.3%)	8 (5.9%)	0.808
Pregnancy*	0 (%0)	4 (2.9%)	0.257
Malignancy*	4 (17.3%)	18 (13.4%)	0.622
Coagulopathies*	10 (43.4%)	13 (9.7%)	0.223
Having an epileptic seizure	20 (86.9%)	26 (19.4%)	< 0.001
Development of intracranial herniation*	9 (39.1%)	8 (5.9%)	< 0.001
Clinical outcome* (poor clinical outcome)	13 (56.5%)	22 (16.4%)	< 0.001
*Pearson chi-square/Continuity correction test/Fisher's deviation	Exact test, **Mann-Whitney U test, VCS: V	enous collateral scale, CVT: Cerebral venous th	hrombosis, SD: Standard

Table 1. Comparison of clinical, demographic, and radiological features of the patients with and without juxtacortical hemorrhage

white matter, following the curvature of the cortex which is like JH. It has been suggested that subcortical veins are weaker and more prone to rupture compared to the cortical veins. In patients with CVT, JH may occur when rupture occurs in subcortical veins due to the increase in pressure, and subarachnoid hemorrhage may occur when rupture occurs due to an increased pressure in the intracortical veins (12,17,18). Although the relationship between VCS and parenchymal lesions has been demonstrated in many other studies, there is no study found reporting its relationship with the JH alone. According to the logistic regression analysis in this study, no statistically significant relationship was found between the VCS and the JH. The VCS has been defined for venous sinus thrombosis. In an isolated CoVT, the VCS is not defined. The

possible reason for the lack of a statistically significant relationship between JH and VCS may be the close relationship between JH and CoVT.

As a result of this study, seizure was defined as one of the variables most associated with JH. Epileptic seizures are more common in CVT than in the arterial strokes. Epileptic seizure is also a common clinical phenomenon of CVT (19,20,21). Approximately 35-40% of the patients with CVT have a history of epileptic seizures (22,23,24). It may occur early or late in the disease progression process (21,22). In this study, a total of 46 patients (29%) had epileptic seizures within the first year. These epileptic seizures may adversely affect the prognosis. Seizure in the patients with CVT is a poor prognostic factor, and results

Table 2. Evaluation of significant variables for juxtacortical hemorrhage in cerebral venous thrombosis using binary logistic regression analysis

regression analysis						
	p value	Odds ratio	%95 C.I.forEXP (B)			
	p value		Lower	Upper		
Gender (Ref: Female vs. male)	0.464	0.451	0.54	3.799		
First clinical symptom (Ref: Focal neurologic deficit, seizure vs. isolated intracranial hypertension)	0.315	2.586	0.405	16.499		
VCS (ref: VCS 0 vs. VCS 1, 2)	0.165	2.957	0.640	13.667		
Superior sagittal sinus thrombosis	0.043	5.548	1.052	29.266		
Cortical vein thrombosis	0.010	12.544	1.809	86.978		
Intracranial herniation	0.133	4.265	0.643	28.293		
Being in the postpartum period	0.879	1.154	0.183	7.276		
Clinical outcome	0.543	1.687	0.312	9.109		
Having a seizure	0.004	16.309	2.493	106.683		
Significance of the model: p<0.001. Significant variables are shown in bold letter. VCS: Venous collateral score, Ref: Reference						

in three times higher mortality than in the patients without the epileptic seizures (22). In the largest and most recently published cohort study on CVT, risk factors for epileptic seizure were found to be SSS thrombosis, intracranial hemorrhage, and CoVT (25). The close relationship between JH and epileptic seizures may be due to the proximity of JH to the cortex, vasogenic edema, disruption of the blood-brain barrier, changes in extracellular ions, excessive release of excitatory neurotransmitters, glutamate, free radicals, and changes in the way of cells producing energy. In addition, neuronal and synaptic loss, and abnormal sprouting and permanent changes in the brain parenchyma may also trigger epileptic seizures (26,27).

### Study Limitation

The most important limitations of the study were that it was a single center and retrospective study, and the sample size was small. More conclusive results could potentially be achieved with the prospective and multicenter studies.

# Conclusion

CVT is difficult to diagnose due to the clinical heterogeneity and various etiological factors. Diagnosis could be made with a high clinical suspicion and correct interpretation of radiological imaging. JH could be detected by a non-contrast cranial CT, which is the first imaging modality in CVT, and may cause the clinician to suspect SSS thrombosis and CoVT. More precise results could be obtained with the prospective multicenter studies.

### Ethics

Ethics Committee Approval: Approval for the study was obtained from the Clinical Research Ethics Committee of Uludag University Faculty of Medicine dated 26 May, 2021 and numbered 2021-6/41.

Informed Consent: Retrospective study.

Peer-review: Externally and internally peer-reviewed.

#### Authorship Contributions

Surgical and Medical Practices: Y.D., R.Ö., M.B., B.H., Concept: Y.D., R.Ö., M.B., B.H., Design: Y.D., R.Ö., M.B., B.H., Data Collection or Processing: Y.D., R.Ö., Analysis or Interpretation: Y.D., R.Ö., M.B., B.H., Literature Search: Y.D., R.Ö., Writing: Y.D., R.Ö.

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